



# Family and Consumer Sciences • Human Ecology • Human Sciences • Health and Human Sciences • Home Economics

## DEFINITION

Field of study focused on the science and the art of living and working well in our complex world.

## CONTENT AREAS

**Our primary areas of focus include:**

- Culinary arts, hospitality, and tourism
- Education and training
- Food science and nutrition
- Health management and wellness
- Housing and interior design
- Human/child development and family relations
- Personal and family finance
- Textiles, apparel, and retailing

*Sustainable practices, consumerism, and leadership principles are woven throughout the content areas*

## PRACTICE SETTINGS

**You will find our professionals in:**

- Academic education at these levels
  - Early childhood
  - Elementary
  - Secondary
  - Higher Education
- Community education for adults and youth, including Cooperative Extension programs
- Business and industry
- Government
- Health and human services

## VALUE

**Through research, experiential education, and technology, our professionals help people develop the essential knowledge and skills to:**

- Lead better lives
- Be work and career ready
- Build strong families
- Make meaningful contributions to our communities