**FCS 150: Sewing**

*Bias Tape*

*Teacher: Jessica Anderson*

**Date:    March 23, 2017**

|  |
| --- |
| **Length**: 90 Minutes |
| **Setting:** Lecture/Lab |
| **Purpose:**Students will sew their plain seam and zig zag samples. They will then learn how to make their own bias tape. Students will be able to use the rest of class time to put their pockets on their aprons and finish sewing on the bias tape.   |
| **Objectives:**Students will be able to…1. Construct samples by using two of the stitches they have already learned.
2. Prepare bias tape of their own to go with their samples.
 |
| **Materials:**1. 8- 3x6 pieces of fabric for samples
2. Fabric for bias tape
3. Rotary cutter or scissors
4. Cutting mat
5. Ruler
6. Bias Tape Maker
7. Iron
 |
| **Focus Activity:**  10-12 Minutes1. Students will cut out 8- 3x6 pieces of fabric for samples.
2. Taking two pieces of fabric, with right sides together, students will sew their plain seam and zig zag seam samples. ½” seam allowance on both samples.
3. Make sure the students do no use their jean material for their samples.
 |
| **Procedures:** 20 Minutes1. Pass out the handout on bias tape. Explain that bias cut is more pliable and has the most stretch in any fabric.
2. Students will make a 6” sample of bias tape.
3. Using the ruler, line up the selvage grainline on the 45-degree angle mark
4. Cut strip 2” wide along the bias and at least 6” long
5. With wrong side of fabric up, feed the fabric into the bias tape maker
6. Iron the fabric as you pull it out of the tape maker
7. Fold the fabric in half and press again and you have your bias tape!
 |
| **Closure Activity and Assessment:**  60 Minutes1. Students will be able to work on their aprons and finish their samples with the remainder of class time.
2. This includes attaching pocket to the apron as well as sewing on the bias tape.

**Note:** Make sure when sewing on apron ties and bias tape, that they pin ties inward first and the flip them outward as they finish sewing the bias tape. **Remember to hand out cards for their sample to go on.**  |
| **Homework:**1. Samples and Jean Apron
 |